



skin. IT'S WHAT WE DO.™

Menu of Services

SKIN REJUVENATION

We use the most technologically advanced, medically proven lasers and IPL systems in all of our skin rejuvenation treatments. Our certified professionals perform these treatments in a safe, physician-managed medical setting. Since a variety of anti-aging treatments are available, our consulting staff will determine which will be best suited for your needs.

ActiveFX™ & DeepFX™

For anyone who wants noticeable improvement with a SINGLE treatment, ActiveFX and DeepFX are ideal. ActiveFX and DeepFX treat uneven pigmentation, fine lines, wrinkles, acne scarring and skin laxity using CO₂ laser. Unlike laser resurfacing, ActiveFX and DeepFX treat microscopic pinpoint areas leaving healthy skin surrounding for speedier healing. After a short healing period of 5 days, skin appears healthy and youthful-looking with fewer wrinkles and more even skin tone. Patients rave about this treatment.

THERMAGE® Procedure

This exciting procedure has been clinically proven to tighten and gently lift skin to renew the facial contour of a sagging neck. Using radiofrequency technology, this incision-free procedure requires no downtime from normal activities. With this special energy, the deeper layers of skin are uniformly heated which causes immediate tightening. Further tightening for up to six months resulting in healthier, smoother skin and a more youthful appearance.

Aurora FotoFacial RF™ Skin Rejuvenation

FotoFacial RF™ treatments are full face, neck, hands or body treatments using Intense Pulse Light and Radiofrequency energy combined in the same pulse. 5-6 FotoFacial RF™ treatments are recommended to see 50-75% improvement in such conditions as rosacea and flushing (vascular conditions), sun spots, age spots, and melasma ("brown" melanin based conditions).

No down-time is involved, and a single maintenance treatment is recommended every 4 months to keep skin looking smooth, even and youthful.

Polaris WR™ Wrinkle Reduction

Finally, a wrinkle treatment with NO downtime! **elōs** technology is the combination of two energies, radiofrequency and diode laser. This unique method allows treatment at multiple levels of the skin to treat fine wrinkles at the surface and into the dermis to treat some deeper wrinkles. No sedation is needed, no downtime is involved and in just 3-5 treatments you can look years younger.

LASER HAIR REMOVAL

LightSheer™ Diode Laser Hair Removal offers freedom from waxing, plucking, depilatories and shaving. Multiple treatments are required, and pricing varies according to the area treated. A complimentary consultation is required before your treatments can begin.

Call for fee estimate. Actual pricing determined in a complimentary consultation.

BOTOX® & COLLAGEN

BOTOX® – A natural, non-surgical correction to wrinkles of the forehead, between the eyebrows and the “crow’s feet” areas. BOTOX® is one of the most popular and effective rejuvenating treatments available.

ArteFill™ - This is the first and only FDA-approved non-resorbable wrinkle filler. Unlike other fillers, ArteFill’s unique microspheres are not absorbed by the body and provide the permanent support your skin needs for long-lasting wrinkle correction. A consultation and skin test are required prior to treatment with ArteFill.

Radiesse™ - Currently one of the longest lasting facial fillers, Radiesse is comprised of calcium, a natural substance already in the body. No allergy skin test is required to begin enjoying this long-lasting facial enhancer. Radiesse builds up the tissues of the face, reducing folds and creases and restoring fullness.

Juvederm™ – A smooth gel filler from hyaluronic acid used to instantly smooth out unwanted folds of the face.

Restylane™ & Perlane™ – Two of the most popular injectable agents for filling existing wrinkles and for lip enhancement. Made from hyaluronic acid which is found naturally in skin, Restylane and Perlane can be administered without an allergy skin test and the results are immediate and can last for 6 months or more.

Cosmoplast™ Collagen – We are pleased to offer this human-derived collagen. Used to fill in unwanted facial lines and depressions or for natural appearing lip augmentation.

PEELS & EXFOLIATION

me Microdermabrasion - Fine aluminum oxide crystals vacuumed across the skin gently lift away the dead skin layer while improving circulation, minimizing break-outs and stimulating the production of new cells and skin-firming collagen. Microdermabrasion has been used successfully for years in Europe, and is now one of the most popular cosmetic procedures in this country.

The Deluxe - Microdermabrasion with paraffin hand dip, Hydrating Mask & protective sunscreen. Pamper yourself with this relaxing one-hour treatment.

The Standard - 30 minutes of Microdermabrasion of the face and neck only.

Beta Lift-x™ Peel - This beta hydroxy peel lifts dead, dull cells from the surface of the skin, stimulating a “burst of renewal” to bring healthy, young living cells to the surface. An excellent treatment for the minimization of mottled skin tone commonly associated with sun damage and melasma. Greatest results are seen when done in a series. The degree of peeling varies from invisible, to mild, to noticeable peeling & flaking.

OUR FACIALS

Jme Facial – Our namesake facial is a luxurious, relaxing, aromatherapy facial. Designed to de-stress and hydrate skin, this facial also revives the senses with essential oil aromatherapy. Utilizing the same rejuvenating and clarifying components as our European Facial, this 70-minute pampering facial also includes light face and neck massage and a paraffin hand dip for soft, silky hands.

European Facial – This “classic” facial is designed to help re-balance and revitalize combination skin. We begin with deep cleansing and scrub exfoliation to smooth rough areas and eliminate flakiness. A steam treatment relaxes pores, softens congestions and prepares the skin for extractions. A personalized masque to revitalize the skin, a face, neck and shoulder massage, and application of sunscreen complete this one-hour facial.

Anti-Aging Firm & Lift Facial – Beneficial for all skin types, this 70-minute “uplifting” facial helps improve skin tone, texture and clarity. Featuring SkinResource.MD Peptide & C Firming Activator, treatment begins with cleansing, followed by a contouring masque, face, shoulder and neck massage, firming activator, steam and extractions. After moisturizing, Line-Ease Serum Concentrate is applied to soften the appearance of surface lines and boost skin elasticity. Application of sunscreen finishes the treatment.

Deep Cleansing & Purifying Facial – Designed to help restore radiance and clarity to oily, overactive skin, this one-hour facial is perfect for skin with congested pores. We start with an oil-dissolving, moisture protecting cleanser to remove surface oils and debris. Steam application is next to soften the skin for extractions. SkinResource.MD Zinc & Sulphur Masque follows to purify and absorb impurities within the pores and ease extractions. Relax with face, neck and shoulder massage. Application of a neutralizing toner and oil-free hydration conclude the treatment.

FIVE PHASE FIRING & EXFOLIATING Facial – Brighten skin tone, noticeably firm facial contours, visibly smooth lines, minimize pores and reveal a smoother surface texture with this advanced facial. We begin with thorough cleansing to remove surface debris. Next, light pumpkin enzyme exfoliation helps to ease extractions and resurface the skin. After a soothing mist spray, deeper exfoliation may be performed using a unique Alpha Hydroxy Acid tailored to your skin type. While relaxing with a light foot and hand massage, a firming peptide masque stimulates skin elasticity. Hydration and sunscreen balance and protect. One hour and twenty minutes.

GENTLEMAN'S Facial – Tailor-made to treat and cater to the specific needs of men's skin, this one-hour Gentleman's Facial balances skin and offers anti-aging benefits to treat deepening lines. Thorough cleansing, steam treatment and exfoliating de-clogs pores and re-texturizes. SkinResource.MD Instant Calm Green Tea Complex calms any signs of redness or irritation. A personalized masque follows and Ultra-Dry Sunscreen protects. This facial helps to relieve sensitivities caused by razor burn and harsh daily treatment and restores the skin to a state of comfort and strength.

Acne Defense Teen Facial – A great way to introduce teens to proper skincare and facial treatments. This highly effective purifying and deep-cleansing 50-minute treatment is designed to control sensitive and sometimes problematic teen skin. Featuring SkinResource.MD Acne Defense products, we begin with Pore Clearing Cleanser followed by exfoliation and extractions. Zinc and Sulphur Masque is applied to absorb impurities from pores and free skin of unwanted oils. Problem areas are treated with Rescue Gel to speed healing, and Shine-Free Solution is applied to minimize shine and reduce the appearance of large pores.

WAXING

Smooth, hair-free skin anyplace you desire. Please call us for pricing.
Due to increased skin sensitivity, waxing cannot be performed on individuals currently using Retin-A, Renova or undergoing Accutane treatments.

SKINCARE

SkinResource.MD - Skincare products developed by Dermatologists. These products contain a superior formulation of antioxidants, natural botanicals and Matrixyl® Peptides. Cleanse your skin without drying with **Facial Cleansing Gel SF** containing natural oat amino acids. Firm and tighten your skin with **Firming Antioxidant Serum HP** with Matrixyl® Peptides. For skin hydration and to reduce facial redness, use Bio-Lipid Recovery Formula containing essential lipids to help rebuild the skin's protective barrier. **Retinol Refining Complex** in the evening helps even out skin tone and texture, provides gentle exfoliation, and Matrixyl® Peptides help reduce wrinkle depth by as much as 68% in two to six months. **Firming Peptide Eye Creme** adds moisture and boosts firmness in the delicate eye area, and **Ultra-Dry Sunscreen** protects against both UVA and UVB sun exposure. SkinResource.MD products are safe and gentle for all skin types.

Prescribe It For Yourself

For information on other SkinResource.MD products, updates, specifications, ingredients and to order:
www.skinresource.md or 800.477.9211

NOTES

Call for treatment pricing and special monthly discounts.

Please phone us 24 hours in advance if you need to cancel or reschedule an appointment.

**Not sure what you need?
Our Patient Consultant is available at 619.462.1670 to guide you in your
personalized skin rejuvenation program.**

Gift Certificates are Available

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